

## St Mewan CP School - Arena PE Yearly Plan

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Outdoor 2	Outdoor 1	Outdoor 2
<b>Reception</b>	Games	Games	Games	Dance	Games	Gym	Net & Wall	Gym	Athletics	OAA	Athletics	OAA
<b>Year 1</b>	Games	Dance (In class)	Games	Play Practise	Net & Wall	Gym	Striking & Fielding	Gym	Athletics	Health & Fitness	Athletics	OAA
<b>Year 2</b>	Games	Dance	Games	Gym/Play Practise	Net & Wall	No indoor PE	Striking & Fielding	Health & Fitness	Athletics	NO Indoor PE	Athletics	Swim
<b>Year 3</b>	Hockey	Gym	Basketball	Indoor Games	Football	Dance	Tennis	No indoor PE	Swim	Athletics (Indoor)	Athletics	Striking & Fielding
<b>Year 4</b>	Hockey	Gym 4D	Basketball	No indoor PE	Gym 4SL	4SL Swim 4D Tennis	Football	4D Swim 4SL Tennis	Athletics	Dance (Indoor)	Athletics	Striking & Fielding
<b>Year 5</b>	Hockey	Swim	Tag Rugby	NO Indoor PE	Netball	Dance	Basketball	Gym	Striking & Fielding	Athletics	Striking & Fielding	Tennis
<b>Year 6</b>	Hockey	Gym	Tag Rugby	Swim	Netball	NO Indoor PE	Basketball	Dance	Striking & Fielding	Athletics	Striking & Fielding	Tennis

### Whole School:

All pupils will be taught all of the key areas of physical education below at some point during their time at St Mewan:

Games, Dance, Gymnastics, OAA, Net & Wall, Striking & Fielding, Athletics and Swimming. Pupils will also take part in Health & Fitness activities during KS1.

### **EYFS – Sports/Games coverage:**

Games (Fundamental Skills = rolling, throwing, catching, controlling, kicking, striking), Net & Wall (Tennis)

### **KS1 – Sports/Games coverage:**

Games (Fundamental Skills = rolling, throwing, catching, controlling, kicking, striking), Net & Wall (Tennis), Striking & Fielding (Cricket and Rounders)

### **KS2 – Sports/Games coverage:**

Year 3 = Hockey, Basketball, Indoor Games, Football, Tennis and Striking & Fielding (Cricket and Rounders)

Year 4 = Hockey, Basketball, Football, Tennis and Striking & Fielding (Cricket and Rounders)

Year 5 = Hockey, Tag Rugby, Basketball, Netball, Tennis and Striking & Fielding (Cricket and Rounders)

Year 6 = Hockey, Tag Rugby, Basketball, Netball, Tennis and Striking & Fielding (Cricket and Rounders)

*\*OAA is covered within beach/forest school sessions and during Year 3-6 camp activities\**

## How to follow/use existing Arena Plans:

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### **Finding the planning:**

Staff Resource → PE 2019 – 2020 → Whole School - Arena Lesson Plans → (EYFS, KS1 or KS2) Arena plans → Focus Area/Sport (This is found in the table above) → Specific Year/Age group (Lower or Upper KS2 → Weekly Plans or 6 week overview.

### **Using the planning:**

Each Area has a minimum of 6 weeks worth of planning, as well as assessment and challenge sheets. This planning is to be used as a guidance, to support your lessons and does not need to be followed exactly as given. Please feel free to edit this planning to suit your class, however do not save this over the original planning. Instead save it in your own planning folders.

### **Support/CPD/Training:**

Matt and Mel will be providing all staff with initial training on how to use the Arena plans as well as focusing on other key areas that we as a school need to work on and begin to implement throughout the year. EYFS and KS1 will be given additional training to support the introduction of PE in EYFS and for teachers who are have not previously followed the Arena planning.