

**WEEK  
3**

W/C: 02/05 23/05 13/06 04/07 25/07 05/09  
26/09 17/10

**HOT  
SPECIALS...**

**DAILY  
FAVES...**

**SIDES...**

**PICK A  
PUD!**

**MONDAY**

**Cheese and Tomato  
Pizza** 🍕 🌱  
Cheesy tomato topped pizza  
slice

**Vegetarian Sausage  
with Mashed Potato  
and Gravy** 🌱 🍷  
Veggie sausage and mash  
with rich gravy

**Jacket Potatoes** 🍷 🌱  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷 🌱  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Peas  
and  
Carrots**

**Oaty  
Biscuit  
with Fresh  
Cut Fruit  
Slices** 🍌 🍷

**TUESDAY**

**Allegra's Chilli Con  
Chicken and Sweet  
Potato Bake** 🍷  
Baked wedges of sweet  
potato, topped with tomato  
chicken & tortilla crunchies

**Macaroni Cheese** 🌱  
Traditional Mac 'N' Cheese,  
delicious macaroni in a  
creamy cheese sauce

**Jacket Potatoes** 🍷 🌱  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷 🌱  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Broccoli  
and  
Green  
Beans**

**Carrot  
Cake with  
Citrus  
Frosting**

**WEDNESDAY**

**Tender Roast Gammon  
with Roast Potatoes &  
Gravy**  
Tender roast gammon with  
fluffy roasties and tasty  
gravy

**Quorn Roast with  
Roast Potatoes and  
Gravy** 🌱  
Delicious Quorn roast with  
fluffy roasties and tasty  
gravy

**Jacket Potatoes** 🍷 🌱  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷 🌱  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Carrots  
and  
Cabbage**

**Strawberry  
Ice Cream**

**THURSDAY**

**Beef Meatballs in  
Tomato Sauce with  
Pasta** 🍷 🌱  
Delicious beef meatballs in a  
tasty tomato sauce with  
pasta

**Veggie Lasagne  
served with a Bread  
Wedge** 🍷 🌱  
Delicious sheets of pasta  
layered with veggies and  
tomato sauce

**Jacket Potatoes** 🍷 🌱  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷 🌱  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Broccoli  
and  
Sweetcorn**

**Chocolate  
Sponge  
Cake**

**FRIDAY**

**Southern Fried Chicken  
Tasters with Chips**  
Lightly seasoned crispy  
chicken strips and scrummy  
chips

**Veggie Soft Taco and  
Chips** 🌱 🍷  
A soft taco shell filled with a  
yummy veggie tomato chilli

**Jacket Potatoes** 🍷 🌱  
A choice of hot and cold  
fillings  
**Tomato Pasta** 🍷 🌱  
Fresh, homemade tomato  
and basil sauce with  
penne pasta

**Baked  
Beans  
and  
Peas**

**Crispy  
Crackle  
Bar**

**Chartwells**  
So much more than Fantastic Food

# THREE WEEK MENU

SPRING/SUMMER 2022

**£2.32**

OUR NEW MENU  
CHOSEN BY  
PARENTS AND  
CHILDREN

YOUR  
FAVOURITES  
AVAILABLE  
EVERY DAY



# WEEK 1

W/C: 18/04 09/05 20/06 11/07 12/09 03/10

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!	
MONDAY	<b>Veggie Burrito</b> ♡ ♣ ♠ A soft wrap filled with lightly spiced veggies and rice	<b>Macaroni Cheese</b> ♣ Traditional Mac 'N' Cheese, delicious macaroni in a creamy cheese sauce	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Green Beans and Sweetcorn</b>	<b>Raspberry Ripple Ice Cream</b>
TUESDAY	<b>Allegra's BBQ Chicken Burger, Corn and Pineapple Relish with Potato Wedges</b> BBQ chicken breast burger with zingy corn relish	<b>The Incredible Burger served with Potato Wedges</b> ♣ Meatless burger in a soft bap with ketchup	<b>Jacket Potatoes</b> ♡ ♣ with Assorted Fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Sweetcorn and Broccoli</b>	<b>Brownie</b>
WEDNESDAY	<b>Roast Chicken with Roast Potatoes &amp; Gravy</b> Succulent roast chicken with fluffy roasties and tasty gravy	<b>Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy</b> ♣ ♡ A chunky sweet potato and chickpea roast	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Carrots and Cabbage</b>	<b>Shortbread Biscuit with Fresh Cut Fruit Slices</b> 🍌
THURSDAY	<b>Beef Bolognese</b> ♣ ♡ A classic Italian beef bolognese in a yummy tomato sauce	<b>Quorn Hot Dog with Potato Wedges</b> ♣ A delicious Quorn hot dog	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Broccoli and Sweetcorn</b>	<b>Banana &amp; Apricot Flapjack with Fruit Slices</b> 🍌
FRIDAY	<b>Golden Fish Fingers and Chips</b> Crispy fish fingers with scrummy chips	<b>Quorn Nuggets and Chips</b> ♣ Crispy Quorn nuggets with their fave sauce - ketchup	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Baked Beans and Peas</b>	<b>Orange, Sultana &amp; Carrot Slice</b>

# WEEK 2

W/C: 25/04 16/05 06/06 27/06 18/07 19/09 10/10

	HOT SPECIALS...	DAILY FAVES...	SIDES...	PICK A PUD!	
MONDAY	<b>Veggie Bolognese</b> ♣ ♠ Yummy veggie Bolognese with pasta	<b>Cheese and Tomato Pizza</b> ♣ ♠ Cheesy tomato topped pizza slice	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Cucumber Sticks and Carrot Sticks</b>	<b>Flapjack with Fruit Slices</b> 🍌 ♡
TUESDAY	<b>Sausage and Mash with Gravy</b> Sausage and mash with rich gravy	<b>Allegra's Fruity Cous Cous</b> With Mint Yoghurt and Pitta Crisps	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Cauliflower and Peas</b>	<b>Orange Shortbread with Fruit Slices</b> 🍌
WEDNESDAY	<b>Roast Turkey with Roast Potatoes &amp; Gravy</b> Roast turkey with fluffy roasties and tasty gravy	<b>Creamy Vegetable Pie with Roast Potatoes and Gravy</b> ♣ Creamy vegetable pie with a cheesy shortcrust topper	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Cabbage and Carrots</b>	<b>Raspberry Yoghurt Cake</b>
THURSDAY	<b>Beef Lasagne with a Garlic &amp; Herb Bread Wedge</b> ♠ A classic Italian layered pasta dish with beef mince	<b>Mild Chickpea and Potato Curry with Rice</b> ♣ ♡ ♠ Tasty chickpea and potato curry served with rice	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Mixed Salad</b>	<b>Fruity Chocolate Brownie</b>
FRIDAY	<b>Battered Fish Fillet with Chips</b>	<b>Tomato Veggie Burger with Chips</b> ♣ A delicious veggie burger in a soft bap with chips	<b>Jacket Potatoes</b> ♡ ♣ A choice of hot and cold fillings <b>Tomato Pasta</b> ♣ ♠ Fresh, homemade tomato and basil sauce with penne pasta	<b>Peas and Baked Beans</b>	<b>Vanilla Ice Cream</b>

**AVAILABLE EVERY DAY**  
 WATER, SALAD, FRESHLY BAKED BREAD,  
 YOGHURT & FRESH FRUIT

♣ Vegetarian  
 🐟 Oily fish  
 ♠ Wholegrain  
 🍏 Fruity!  
 ♡ Nutritionist's Choice